

# METHOD FOR TREATING CARPAL TUNNEL SYNDROME

## ABSTRACT OF THE DISCLOSURE

5           Methods are provided for treating a host suffering from a condition resulting from pressure applied to the median nerve of the carpal tunnel, e.g. carpal tunnel syndrome. In the subject methods, an effective amount of a topical NSAID formulation is applied to the palmar dermal surface proximal to the target median nerve. Practice of the above methods results in an amelioration of at least one symptom associated with the condition being  
10   treated. Also provided are kits for practicing the subject methods.